



32. Schwarzatal-Lauf  
Bad Blankenburg / 02.07.2011

Detailed evaluation

Dreyßig, Christian

Club: AC Apolda  
Number: 219

Course: 20.00 km  
20 km-Lauf

Category:  
Männer M30

Total time: 1:21:46

Speed: 14.68 km/h  
Running performance: 4:05 min/km

Rank in course/Total: 9 (of 41)

Rank in course/Men: 9 (of 40)

Best time in course: 1:10:02

Rank in category: 2(of 3)

Best time in the category: 1:21:36