



32. Schwarzatal-Lauf  
Bad Blankenburg / 02.07.2011

Detailed evaluation

Gebuhr, Thomas

Club: Saalfeld/Saale  
Number: 223

Course: 20.00 km  
20 km-Lauf

Category:  
Männer M40

Total time: 1:26:22

Speed: 13.89 km/h  
Running performance: 4:19 min/km

Rank in course/Total: 14 (of 41)

Rank in course/Men: 14 (of 40)

Best time in course: 1:10:02

Rank in category: 2(of 4)

Best time in the category: 1:24:17