



32. Schwarzatal-Lauf  
Bad Blankenburg / 02.07.2011

Detailed evaluation

Holzhaus, Reiner

Club: SV Kamsdorf  
Number: 225

Course: 20.00 km  
20 km-Lauf

Category:  
Männer M50

Total time: 1:35:38

Speed: 12.55 km/h  
Running performance: 4:47 min/km

Rank in course/Total: 28 (of 41)

Rank in course/Men: 28 (of 40)

Best time in course: 1:10:02

Rank in category: 3(of 5)

Best time in the category: 1:30:35