



32. Schwarzatal-Lauf  
Bad Blankenburg / 02.07.2011

Detailed evaluation

Lipfert, Kai-Uwe

Club: Saalfelder LV  
Number: 208

Course: 20.00 km  
20 km-Lauf

Category:  
Männer M45

Total time: 1:42:42

Speed: 11.68 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 36 (of 41)

Rank in course/Men: 36 (of 40)

Best time in course: 1:10:02

Rank in category: 14(of 14)

Best time in the category: 1:11:46