



32. Schwarzatal-Lauf  
Bad Blankenburg / 02.07.2011

Detailed evaluation

**Mentz, Sebastian**

Club: Rudolstadt  
Number: 94

Course: 3.00 km  
Kinderlauf lang

Category:  
männliche Schüler B

Total time: 12:53

Speed: 13.97 km/h  
Running performance: 4:17 min/km

Rank in course/Total: 7 (of 25)

Rank in course/Men: 6 (of 16)

Best time in course: 10:55

Rank in category: 3(of 5)

Best time in the category: 11:54