



32. Schwarzatal-Lauf  
Bad Blankenburg / 02.07.2011

Detailed evaluation

**Gruner, Birgit**

Club: TSV Germania1887e.V. Neustadt(Orla)  
Number: 106

Course: 10.00 km  
10 km-Lauf

Category:  
Frauen W55

Total time: 46:07

Speed: 13.01 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 13 (of 55)  
Rank in course/Women: 3 (of 12)  
Best time in course: 41:33

Rank in category: 1(of 2)  
Best time in the category: 46:07