



32. Schwarzatal-Lauf  
Bad Blankenburg / 02.07.2011

Detailed evaluation

Hermann, Ines

Club: Saalfelder LV  
Number: 112

Course: 10.00 km  
10 km-Lauf

Category:  
Frauen W45

Total time: 46:50

Speed: 12.81 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 19 (of 55)  
Rank in course/Women: 5 (of 12)  
Best time in course: 41:33

Rank in category: 1(of 1)  
Best time in the category: 46:50