



32. Schwarzatal-Lauf  
Bad Blankenburg / 02.07.2011

Detailed evaluation

**Amarell, Ludwig**

Club: GMRLV LG Süd  
Number: 101

Course: 10.00 km  
10 km-Lauf

Category:  
Männer M75

Total time: 49:02

Speed: 12.24 km/h  
Running performance: 4:54 min/km

Rank in course/Total: 26 (of 55)

Rank in course/Men: 21 (of 43)

Best time in course: 37:54

Rank in category: 1(of 3)

Best time in the category: 49:02