



32. Schwarzatal-Lauf
Bad Blankenburg / 02.07.2011

Detailed evaluation

Recknagel, Michael

Club: Erfurt
Number: 136

Course: 10.00 km
10 km-Lauf

Category:
Männer M50

Total time: 51:28

Speed: 11.66 km/h
Running performance: 5:09 min/km

Rank in course/Total: 33 (of 55)

Rank in course/Men: 27 (of 43)

Best time in course: 37:54

Rank in category: 4(of 6)

Best time in the category: 46:00