



32. Schwarzatal-Lauf
Bad Blankenburg / 02.07.2011

Detailed evaluation

Heinze, Michael

Club: SV Lauflos
Number: 109

Course: 10.00 km
10 km-Lauf

Category:
Männer M50

Total time: 55:43

Speed: 10.77 km/h
Running performance: 5:34 min/km

Rank in course/Total: 42 (of 55)

Rank in course/Men: 35 (of 43)

Best time in course: 37:54

Rank in category: 6(of 6)

Best time in the category: 46:00