



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Bullig, Cornelia

Club: Troisdorfer LG M.U.T.
Number: 130

Course: 100.00 km
Thüringen Ultra

Category:
Frauen W50

Total time: 11:40:19

Speed: 8.57 km/h
Running performance: 7:00 min/km

Rank in course/Total: 67 (of 176)

Rank in course/Women: 8 (of 36)

Best time in course: 9:26:20

Rank in category: 2(of 5)

Best time in the category: 11:25:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ruhlaer Skihütte	23.96	2:52:02	7:10	3	7:04	14	30:56	23.96	2:52:02	7:10	2	7:04	27	
Floh-Seligenthal	26.92	3:07:45	6:58	3	21:52	12	40:42	50.88	5:59:47	7:04	2	28:56	27	
Finsterbergen	24.12	2:55:16	7:15	1	-	6	38:21	75.00	8:55:03	7:08	2	24:23	25	
Fröttstädt	25.00	2:45:16	6:36	1	-	4	24:23	100.00	11:40:19	7:00	2	15:04	8	2:13:59