



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Kleinschmidt, Lars

Club: Westcoastrunners J.F.F. / Tura Meldorf  
Number: 124

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M45

Total time: 11:41:57

Speed: 8.55 km/h  
Running performance: 7:01 min/km

Rank in course/Total: 70 (of 176)

Rank in course/Men: 61 (of 140)

Best time in course: 8:21:21

Rank in category: 18(of 39)

Best time in the category: 9:01:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:49:25	7:04	26	28:30	86	46:05	23.96	2:49:25	7:04	39		65	8:51
Floh-Seligenthal	26.92	3:00:56	6:43	24	34:26	71	55:00	50.88	5:50:21	6:53	39		65	
Finsterbergen	24.12	3:04:35	7:39	20	56:17	66	58:25	75.00	8:54:56	7:07	37		61	2:39:30
Fröttstädt	25.00	2:47:01	6:40	11	41:36	37	41:36	100.00	11:41:57	7:01	18	2:40:49	61	3:20:36