



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Hackenthal, Matthias

Club: Berlin  
Number: 172

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M45

Total time: 11:44:54

Speed: 8.51 km/h  
Running performance: 7:03 min/km

Rank in course/Total: 72 (of 176)

Rank in course/Men: 63 (of 140)

Best time in course: 8:21:21

Rank in category: 20(of 39)

Best time in the category: 9:01:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:40:47	6:42	13	19:52	53	37:27	23.96	2:40:47	6:42	2		67	0:13
Floh-Seligenthal	26.92	2:54:09	6:28	15	27:39	51	48:13	50.88	5:34:56	6:34	2		67	
Finsterbergen	24.12	3:03:47	7:37	19	55:29	65	57:37	75.00	8:38:43	6:54	11		63	2:23:17
Fröttstädt	25.00	3:06:11	7:26	19	1:00:46	63	1:00:46	100.00	11:44:54	7:02	20	2:43:46	63	3:23:33