



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Ünlü, Turgay

Club: VHH Akn Bsh
Number: 68

Course: 100.00 km
Thüringen Ultra

Category:
Männer M45

Total time: 12:06:11

Speed: 8.26 km/h
Running performance: 7:16 min/km

Rank in course/Total: 79 (of 176)

Rank in course/Men: 70 (of 140)

Best time in course: 8:21:21

Rank in category: 22(of 39)

Best time in the category: 9:01:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:48:34	7:02	24	27:39	79	45:14	23.96	2:48:34	7:02	4		74	8:00
Floh-Seligenthal	26.92	2:58:36	6:38	19	32:06	65	52:40	50.88	5:47:10	6:49	4		74	
Finsterbergen	24.12	3:08:07	7:47	23	59:49	77	1:01:57	75.00	8:55:17	7:08	3		70	2:39:51
Fröttstädt	25.00	3:10:54	7:38	21	1:05:29	69	1:05:29	100.00	12:06:11	7:15	22	3:05:03	70	3:44:50