



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Hirsch, Werner

Club: DUV

Number: 66

Course: 100.00 km

Thüringen Ultra

Category:

Männer M55

Total time: 12:12:18

Speed: 8.19 km/h

Running performance: 7:19 min/km

Rank in course/Total: 84 (of 176)

Rank in course/Men: 74 (of 140)

Best time in course: 8:21:21

Rank in category: 6(of 14)

Best time in the category: 10:44:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ruhlaer Skihütte	23.96	2:34:52	6:27	3	3:33	45	31:32	23.96	2:34:52	6:27	7		78	
Floh-Seligenthal	26.92	3:09:45	7:02	8	23:48	85	1:03:49	50.88	5:44:37	6:46	7		78	
Finsterbergen	24.12	3:11:13	7:55	8	31:06	84	1:05:03	75.00	8:55:50	7:08	6	58:27	74	2:40:24
Fröttstädt	25.00	3:16:28	7:51	8	34:17	78	1:11:03	100.00	12:12:18	7:19	6	1:27:26	74	3:50:57