



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Junig, Gunnar

Club: Brockenlaufverein Ilsenburg  
Number: 129

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M55

Total time: 12:17:30

Speed: 8.14 km/h  
Running performance: 7:23 min/km

Rank in course/Total: 89 (of 176)

Rank in course/Men: 77 (of 140)

Best time in course: 8:21:21

Rank in category: 7(of 14)

Best time in the category: 10:44:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:54:01	7:15	8	22:42	92	50:41	23.96	2:54:01	7:15	8	13:27	81	13:27
Floh-Seligenthal	26.92	3:03:15	6:48	5	17:18	78	57:19	50.88	5:57:16	7:01	8	2:50	81	2:50
Finsterbergen	24.12	3:05:31	7:41	5	25:24	69	59:21	75.00	9:02:47	7:14	7	1:05:24	77	2:47:21
Fröttstädt	25.00	3:14:43	7:47	7	32:32	75	1:09:18	100.00	12:17:30	7:22	7	1:32:38	77	3:56:09