



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Schmidtke, Rudi

Club: Team Erdinger Alkoholfrei
Number: 167

Course: 100.00 km
Thüringen Ultra

Category:
Männer M45

Total time: 12:23:47

Speed: 8.07 km/h
Running performance: 7:26 min/km

Rank in course/Total: 91 (of 176)

Rank in course/Men: 79 (of 140)

Best time in course: 8:21:21

Rank in category: 25(of 39)

Best time in the category: 9:01:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:46:30	6:56	21	25:35	73	43:10	23.96	2:46:30	6:56	7		56	5:56
Floh-Seligenthal	26.92	3:01:13	6:43	25	34:43	74	55:17	50.88	5:47:43	6:50	7		83	
Finsterbergen	24.12	3:10:07	7:52	25	1:01:49	81	1:03:57	75.00	8:57:50	7:10	6		79	2:42:24
Fröttstädt	25.00	3:25:57	8:14	30	1:20:32	87	1:20:32	100.00	12:23:47	7:26	25	3:22:39	79	4:02:26