



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Böss, Wolfgang

Club: Creußen
Number: 1031

Course: 161.00 km
Thüringen ULTRA - 100 Meilen

Category:
Männer M50

Total time: 20:26:32

Speed: 7.88 km/h
Running performance: 7:37 min/km

Rank in course/Total: 12 (of 89)

Rank in course/Men: 12 (of 84)

Best time in course: 16:36:15

Rank in category: 2(of 23)

Best time in the category: 18:27:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hör:	43.00	4:54:35	6:51	4	32:56	18	1:58:42	43.00	4:54:35	6:51	24	4:54:35	85	4:54:35
Sondra	28.00	3:44:25	8:00	4	32:21	15	50:33	71.00	8:39:00	7:18	24	8:39:00	82	8:39:00
Ruhlaer Skihütte	14.00	2:11:32	9:23	9	19:03	30	34:52	85.00	10:50:32	7:39	24	10:50:32	74	10:50:32
Brotterode/Klein:	15.00	1:58:07	7:52	3	12:48	12	26:03	100.00	12:48:39	7:41	23	12:48:39	72	12:48:39
Floh-Seligenthal	12.00	1:22:31	6:52	5	14:36	18	22:42	112.00	14:11:10	7:35	23	14:11:10	72	14:11:10
Finsterbergen	23.00	3:10:47	8:17	3	8:26	9	34:38	135.00	17:21:57	7:43	23	17:21:57	72	17:21:57
Fröttstädt	26.00	3:04:35	7:05	3	7:50	10	32:41	161.00	20:26:32	7:37	2	1:58:56	12	3:50:17