



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Wiesemann, Holger

Club: Laufgruppe Treffurt
Number: 141

Course: 161.00 km
Thüringen ULTRA - 100 Meilen

Category:
Männer M40

Total time: 20:26:28

Speed: 7.88 km/h
Running performance: 7:37 min/km

Rank in course/Total: 11 (of 89)

Rank in course/Men: 11 (of 84)

Best time in course: 16:36:15

Rank in category: 2(of 12)

Best time in the category: 16:56:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hör:	43.00	5:07:09	7:08	4	58:31	22	2:11:16	43.00	5:07:09	7:08	13		85	5:07:09
Sondra	28.00	3:36:00	7:42	2	42:08	13	42:08	71.00	8:43:09	7:22	12	8:43:09	82	8:43:09
Ruhlaer Skihütte	14.00	1:58:14	8:26	2	21:05	10	21:34	85.00	10:41:23	7:32	12	10:41:23	74	10:41:23
Brotterode/Kleins:	15.00	2:00:33	8:02	4	23:58	17	28:29	100.00	12:41:56	7:37	11	12:41:56	72	12:41:56
Floh-Seligenthal	12.00	1:19:39	6:38	2	16:02	13	19:50	112.00	14:01:35	7:30	11	14:01:35	72	14:01:35
Finsterbergen	23.00	3:20:19	8:42	2	32:44	11	44:10	135.00	17:21:54	7:43	11	17:21:54	72	17:21:54
Fröttstädt	26.00	3:04:34	7:05	2	15:46	9	32:40	161.00	20:26:28	7:37	2	3:30:14	11	3:50:13