



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

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Club: Altklosteraner  
Number: 1033

Course: 161.00 km  
Thüringen ULTRA - 100 Meilen

Category:  
Männer M50

Total time: 22:27:36

Speed: 7.17 km/h  
Running performance: 8:22 min/km

Rank in course/Total: 28 (of 89)

Rank in course/Men: 27 (of 84)

Best time in course: 16:36:15

Rank in category: 8(of 23)

Best time in the category: 18:27:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hör:	43.00	5:50:57	8:09	18	1:29:18	63	2:55:04	43.00	5:50:57	8:09	24	5:50:57	85	5:50:57
Sondra	28.00	4:15:38	9:07	12	1:03:34	43	1:21:46	71.00	10:06:35	8:32	24	10:06:35	82	10:06:35
Ruhlaer Skihütte	14.00	2:19:40	9:58	14	27:11	43	43:00	85.00	12:26:15	8:46	24	12:26:15	74	12:26:15
Brotterode/Klein:	15.00	2:02:45	8:11	7	17:26	22	30:41	100.00	14:29:00	8:41	23	14:29:00	72	14:29:00
Floh-Seligenthal	12.00	1:23:37	6:58	8	15:42	25	23:48	112.00	15:52:37	8:30	23	15:52:37	72	15:52:37
Finsterbergen	23.00	3:22:59	8:49	4	20:38	12	46:50	135.00	19:15:36	8:33	23	19:15:36	72	19:15:36
Fröttstädt	26.00	3:12:00	7:23	4	15:15	12	40:06	161.00	22:27:36	8:22	8	4:00:00	27	5:51:21