



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Haarmann, Pete(r)

Club: SF Ennepetal
Number: 1045

Course: 161.00 km
Thüringen ULTRA - 100 Meilen

Category:
Männer M45

Total time: 19:35:47

Speed: 8.22 km/h
Running performance: 7:18 min/km

Rank in course/Total: 7 (of 89)

Rank in course/Men: 7 (of 84)

Best time in course: 16:36:15

Rank in category: 3(of 24)

Best time in the category: 17:14:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hör:	43.00	4:22:23	6:06	6	1:26:30	10	1:26:30	43.00	4:22:23	6:06	25	4:22:23	85	4:22:23
Sondra	28.00	3:30:18	7:30	3	25:47	9	36:26	71.00	7:52:41	6:39	23	7:52:41	82	7:52:41
Ruhlaer Skihütte	14.00	1:55:08	8:13	3	14:20	7	18:28	85.00	9:47:49	6:54	19	9:47:49	74	9:47:49
Brotterode/Kleins:	15.00	1:56:48	7:47	4	17:01	10	24:44	100.00	11:44:37	7:02	19	11:44:37	72	11:44:37
Floh-Seligenthal	12.00	1:22:04	6:50	6	13:37	16	22:15	112.00	13:06:41	7:01	19	13:06:41	72	13:06:41
Finsterbergen	23.00	3:15:43	8:30	4	29:17	10	39:34	135.00	16:22:24	7:16	19	16:22:24	72	16:22:24
Fröttstädt	26.00	3:13:23	7:26	5	41:29	13	41:29	161.00	19:35:47	7:18	3	2:21:23	7	2:59:32