



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Schmidt-Soltau, Peer

Club: 100 Marathon Club
Number: 1017

Course: 161.00 km
Thüringen ULTRA - 100 Meilen

Category:
Männer M30

Total time: 21:38:49

Speed: 7.44 km/h
Running performance: 8:04 min/km

Rank in course/Total: 19 (of 89)

Rank in course/Men: 18 (of 84)

Best time in course: 16:36:15

Rank in category: 4(of 6)

Best time in the category: 16:36:15

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hör:	43.00	5:24:10	7:32	4	1:14:58	40	2:28:17	43.00	5:24:10	7:32	7	5:24:10	85	5:24:10
Sondra	28.00	4:07:43	8:50	5	1:09:31	37	1:13:51	71.00	9:31:53	8:03	7	9:31:53	82	9:31:53
Ruhlaer Skihütte	14.00	2:06:13	9:00	4	29:33	18	29:33	85.00	11:38:06	8:12	7	11:38:06	74	11:38:06
Brotterode/Klein:	15.00	1:57:40	7:50	4	25:36	11	25:36	100.00	13:35:46	8:09	7	13:35:46	72	13:35:46
Floh-Seligenthal	12.00	1:19:45	6:38	3	19:56	14	19:56	112.00	14:55:31	7:59	7	14:55:31	72	14:55:31
Finsterbergen	23.00	3:25:39	8:56	3	49:30	16	49:30	135.00	18:21:10	8:09	7	18:21:10	72	18:21:10
Fröttstädt	26.00	3:17:39	7:36	3	41:11	14	45:45	161.00	21:38:49	8:04	4	5:02:34	18	5:02:34