



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Müller, Gerd

Club: Lauffeuer Fröttstädt
Number: 10

Course: 100.00 km
Thüringen Ultra

Category:
Männer M60

Total time: 12:43:38

Speed: 7.86 km/h
Running performance: 7:38 min/km

Rank in course/Total: 100 (of 176)

Rank in course/Men: 86 (of 140)

Best time in course: 8:21:21

Rank in category: 3(of 11)

Best time in the category: 11:51:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:49:08	7:03	3	2:03	85	45:48	23.96	2:49:08	7:03	3		90	8:34
Floh-Seligenthal	26.92	3:06:12	6:55	3	9:41	82	1:00:16	50.88	5:55:20	6:59	3	2:59	90	0:54
Finsterbergen	24.12	3:22:13	8:23	4	23:25	94	1:16:03	75.00	9:17:33	7:26	3	26:24	86	3:02:07
Fröttstädt	25.00	3:26:05	8:14	3	25:18	88	1:20:40	100.00	12:43:38	7:38	3	51:42	86	4:22:17