



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Ley, Helmut

Club: Homberger TV
Number: 163

Course: 100.00 km
Thüringen Ultra

Category:
Männer M65

Total time: 13:17:16

Speed: 7.53 km/h
Running performance: 7:58 min/km

Rank in course/Total: 107 (of 176)

Rank in course/Men: 92 (of 140)

Best time in course: 8:21:21

Rank in category: 1(of 1)

Best time in the category: 13:17:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:03:01	7:38	1	-	104	59:41	23.96	3:03:01	7:38	1	-	96	22:27
Floh-Seligenthal	26.92	3:12:12	7:08	1	-	95	1:06:16	50.88	6:15:13	7:22	1	-	96	20:47
Finsterbergen	24.12	3:06:59	7:45	1	-	71	1:00:49	75.00	9:22:12	7:29	1	-	92	3:06:46
Fröttstädt	25.00	3:55:04	9:24	1	-	114	1:49:39	100.00	13:17:16	7:58	1	-	92	4:55:55