



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Levermann, Jörg

Club: LG Mauerweg
Number: 100

Course: 100.00 km
Thüringen Ultra

Category:
Männer M45

Total time: 13:19:04

Speed: 7.51 km/h
Running performance: 7:59 min/km

Rank in course/Total: 112 (of 176)

Rank in course/Men: 97 (of 140)

Best time in course: 8:21:21

Rank in category: 28(of 39)

Best time in the category: 9:01:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:48:40	7:02	25	27:45	81	45:20	23.96	2:48:40	7:02	10		101	8:06
Floh-Seligenthal	26.92	3:35:36	8:00	35	1:09:06	118	1:29:40	50.88	6:24:16	7:33	10		101	29:50
Finsterbergen	24.12	3:38:53	9:04	33	1:30:35	113	1:32:43	75.00	10:03:09	8:02	9		97	3:47:43
Fröttstädt	25.00	3:15:55	7:50	24	1:10:30	76	1:10:30	100.00	13:19:04	7:59	28	4:17:56	97	4:57:43