



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Pradetto, Oliver

Club: blau direkt  
Number: 179

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M40

Total time: 13:22:57

Speed: 7.47 km/h  
Running performance: 8:02 min/km

Rank in course/Total: 114 (of 176)

Rank in course/Men: 99 (of 140)

Best time in course: 8:21:21

Rank in category: 18(of 21)

Best time in the category: 8:21:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:47:56	7:00	15	44:36	78	44:36	23.96	2:47:56	7:00	5	4:44	103	7:22
Floh-Seligenthal	26.92	3:26:27	7:40	18	1:20:31	106	1:20:31	50.88	6:14:23	7:21	5	33:08	103	19:57
Finsterbergen	24.12	3:32:14	8:47	19	1:26:04	107	1:26:04	75.00	9:46:37	7:49	5	1:26:12	99	3:31:11
Fröttstädt	25.00	3:36:20	8:39	16	1:30:25	97	1:30:55	100.00	13:22:57	8:01	18	5:01:36	99	5:01:36