



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Meister, Wolfgang

Club: BSV NDR Hamburg  
Number: 109

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M55

Total time: 13:30:06

Speed: 7.41 km/h  
Running performance: 8:06 min/km

Rank in course/Total: 117 (of 176)

Rank in course/Men: 102 (of 140)

Best time in course: 8:21:21

Rank in category: 10(of 14)

Best time in the category: 10:44:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:07:46	7:50	13	36:27	115	1:04:26	23.96	3:07:46	7:50	11	27:12	106	27:12
Floh-Seligenthal	26.92	3:28:38	7:45	12	42:41	109	1:22:42	50.88	6:36:24	7:47	11	41:58	106	41:58
Finsterbergen	24.12	3:24:55	8:29	10	44:48	99	1:18:45	75.00	10:01:19	8:01	10	2:03:56	102	3:45:53
Fröttstädt	25.00	3:28:47	8:21	9	46:36	92	1:23:22	100.00	13:30:06	8:06	10	2:45:14	102	5:08:45