



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

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Club: Kanu Altenburg
Number: 1090

Course: 161.00 km
Thüringen ULTRA - 100 Meilen

Category:
Männer M50

Total time: 23:30:26

Speed: 6.85 km/h
Running performance: 8:46 min/km

Rank in course/Total: 41 (of 89)

Rank in course/Men: 40 (of 84)

Best time in course: 16:36:15

Rank in category: 13(of 23)

Best time in the category: 18:27:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hör:	43.00	5:17:42	7:23	8	56:03	32	2:21:49	43.00	5:17:42	7:23	24	5:17:42	85	5:17:42
Sondra	28.00	4:22:50	9:23	15	1:10:46	49	1:28:58	71.00	9:40:32	8:10	24	9:40:32	82	9:40:32
Ruhlaer Skihütte	14.00	2:18:01	9:51	12	25:32	37	41:21	85.00	11:58:33	8:27	24	11:58:33	74	11:58:33
Brotterode/Kleins:	15.00	2:17:00	9:07	15	31:41	43	44:56	100.00	14:15:33	8:33	23	14:15:33	72	14:15:33
Floh-Seligenthal	12.00	1:22:40	6:53	6	14:45	19	22:51	112.00	15:38:13	8:22	23	15:38:13	72	15:38:13
Finsterbergen	23.00	3:38:08	9:29	8	35:47	24	1:01:59	135.00	19:16:21	8:33	23	19:16:21	72	19:16:21
Fröttstädt	26.00	4:14:05	9:46	17	1:17:20	54	1:42:11	161.00	23:30:26	8:45	13	5:02:50	40	6:54:11