



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Eggert, Irmgard

Club: Rennsteiglaufverein
Number: 69

Course: 100.00 km
Thüringen Ultra

Category:
Frauen W60

Total time: 13:32:41

Speed: 7.38 km/h
Running performance: 8:08 min/km

Rank in course/Total: 119 (of 176)

Rank in course/Women: 16 (of 36)

Best time in course: 9:26:20

Rank in category: 1(of 2)

Best time in the category: 13:32:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ruhlaer Skihütte	23.96	3:14:08	8:06	1	-	28	53:02	23.96	3:14:08	8:06	1	-	10	1:06
Floh-Seligenthal	26.92	3:18:24	7:22	1	-	18	51:21	50.88	6:32:32	7:42	1	-	10	
Finsterbergen	24.12	3:26:40	8:34	1	-	15	1:09:45	75.00	9:59:12	7:59	1	-	34	
Fröttstädt	25.00	3:33:29	8:32	2	7:08	18	1:12:36	100.00	13:32:41	8:07	1	-	16	4:06:21