



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Kresse, Nicole

Club: MTP Hersbruck
Number: 1029

Course: 161.00 km
Thüringen ULTRA - 100 Meilen

Category:
Frauen W35

Total time: 21:36:31

Speed: 7.45 km/h
Running performance: 8:03 min/km

Rank in course/Total: 18 (of 89)

Rank in course/Women: 1 (of 5)

Best time in course: 21:36:31

Rank in category: 1(of 1)

Best time in the category: 21:36:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Berggasthof Hörn	43.00	4:45:41	6:38	1	-	1	-	43.00	4:45:41	6:38	2	4:45:41	6	4:45:41
Sondra	28.00	3:35:11	7:41	1	-	1	-	71.00	8:20:52	7:03	2	8:20:52	6	8:20:52
Ruhlaer Skihütte	14.00	1:57:05	8:21	1	-	1	-	85.00	10:17:57	7:16	2	10:17:57	6	10:17:57
Brotterode/Klein	15.00	2:08:20	8:33	1	-	1	-	100.00	12:26:17	7:27	2	12:26:17	6	12:26:17
Floh-Seligenthal	12.00	1:29:20	7:26	1	-	1	-	112.00	13:55:37	7:27	2	13:55:37	6	13:55:37
Finsterbergen	23.00	3:32:59	9:15	1	-	1	-	135.00	17:28:36	7:46	2	17:28:36	6	17:28:36
Fröttstädt	26.00	4:07:55	9:32	1	-	2	8:00	161.00	21:36:31	8:03	1	-	1	-