



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Eberle, Dietrich

Club: 1974 Marathon Verein d.e.
Number: 168

Course: 100.00 km
Thüringen Ultra

Category:
Männer M60

Total time: 13:41:11

Speed: 7.31 km/h
Running performance: 8:13 min/km

Rank in course/Total: 123 (of 176)

Rank in course/Men: 105 (of 140)

Best time in course: 8:21:21

Rank in category: 5(of 11)

Best time in the category: 11:51:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:10:42	7:57	7	23:37	120	1:07:22	23.96	3:10:42	7:57	5	18:01	109	30:08
Floh-Seligenthal	26.92	3:34:21	7:57	5	37:50	116	1:28:25	50.88	6:45:03	7:57	5	52:42	109	50:37
Finsterbergen	24.12	3:32:58	8:49	5	34:10	108	1:26:48	75.00	10:18:01	8:14	5	1:26:52	105	4:02:35
Fröttstädt	25.00	3:23:10	8:07	2	22:23	85	1:17:45	100.00	13:41:11	8:12	5	1:49:15	105	5:19:50