



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

**Bicher, Stefan**

Club: deg-Renner  
Number: 22

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M20

Total time: 13:54:02

Speed: 7.19 km/h  
Running performance: 8:20 min/km

Rank in course/Total: 127 (of 176)

Rank in course/Men: 108 (of 140)

Best time in course: 8:21:21

Rank in category: 4(of 5)

Best time in the category: 10:33:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:11:36	7:59	5	48:00	121	1:08:16	23.96	3:11:36	7:59	4	47:10	112	31:02
Floh-Seligenthal	26.92	3:28:25	7:44	5	55:09	108	1:22:29	50.88	6:40:01	7:51	4	1:41:06	112	45:35
Finsterbergen	24.12	3:37:19	9:00	4	54:41	111	1:31:09	75.00	10:17:20	8:13	4	2:35:47	108	4:01:54
Fröttstädt	25.00	3:36:42	8:40	4	44:57	99	1:31:17	100.00	13:54:02	8:20	4	3:20:44	108	5:32:41