



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Zietlow, Brigitte

Club: Dietzenbach  
Number: 27

Course: 100.00 km  
Thüringen Ultra

Category:  
Frauen W60

Total time: 13:58:29

Speed: 7.16 km/h  
Running performance: 8:23 min/km

Rank in course/Total: 129 (of 176)

Rank in course/Women: 20 (of 36)

Best time in course: 9:26:20

Rank in category: 2(of 2)

Best time in the category: 13:32:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ruhlaer Skihütte	23.96	3:20:57	8:23	2	6:49	33	59:51	23.96	3:20:57	8:23	2	6:49	5	7:55
Floh-Seligenthal	26.92	3:38:45	8:07	2	20:21	28	1:11:42	50.88	6:59:42	8:14	2	27:10	5	
Finsterbergen	24.12	3:32:26	8:48	2	5:46	20	1:15:31	75.00	10:32:08	8:25	2	32:56	4	
Fröttstädt	25.00	3:26:21	8:15	1	-	16	1:05:28	100.00	13:58:29	8:23	2	25:48	20	4:32:09