



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Bethge, Annette

Club: Mahlsdorfer Wiesel  
Number: 24

Course: 100.00 km  
Thüringen Ultra

Category:  
Frauen W40

Total time: 13:58:59

Speed: 7.15 km/h  
Running performance: 8:23 min/km

Rank in course/Total: 130 (of 176)

Rank in course/Women: 21 (of 36)

Best time in course: 9:26:20

Rank in category: 7(of 12)

Best time in the category: 9:26:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ruhlaer Skihütte	23.96	3:11:36	7:59	10	50:07	25	50:30	23.96	3:11:36	7:59	7	50:07	6	
Floh-Seligenthal	26.92	3:28:12	7:44	7	1:01:09	21	1:01:09	50.88	6:39:48	7:51	7	1:51:16	6	
Finsterbergen	24.12	3:40:21	9:08	9	1:23:26	25	1:23:26	75.00	10:20:09	8:16	7	3:14:42	5	
Fröttstädt	25.00	3:38:50	8:45	8	1:17:57	22	1:17:57	100.00	13:58:59	8:23	7	4:32:39	21	4:32:39