



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Bethge, Annette

Club: Mahlsdorfer Wiesel
Number: 24

Course: 100.00 km
Thüringen Ultra

Category:
Frauen W40

Total time: 13:58:59

Speed: 7.15 km/h
Running performance: 8:23 min/km

Rank in course/Total: 130 (of 176)

Rank in course/Women: 21 (of 36)

Best time in course: 9:26:20

Rank in category: 7(of 12)

Best time in the category: 9:26:20

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Ruhlaer Skihütte | 23.96 | 3:11:36 | 7:59 | 10 | 50:07 | 25 | 50:30 | 23.96 | 3:11:36 | 7:59 | 7 | 50:07 | 6 | |
| Floh-Seligenthal | 26.92 | 3:28:12 | 7:44 | 7 | 1:01:09 | 21 | 1:01:09 | 50.88 | 6:39:48 | 7:51 | 7 | 1:51:16 | 6 | |
| Finsterbergen | 24.12 | 3:40:21 | 9:08 | 9 | 1:23:26 | 25 | 1:23:26 | 75.00 | 10:20:09 | 8:16 | 7 | 3:14:42 | 5 | |
| Fröttstädt | 25.00 | 3:38:50 | 8:45 | 8 | 1:17:57 | 22 | 1:17:57 | 100.00 | 13:58:59 | 8:23 | 7 | 4:32:39 | 21 | 4:32:39 |