



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Dittmann, Olaf

Club: SC Melle 03

Number: 1046

Course: 100.00 km

Thüringen ULTRA - 100 km Extra

Category:

Männer

Total time: 15:09:22

Speed: 6.60 km/h

Running performance: 9:05 min/km

Rank in course/Total: 9 (of 21)

Rank in course/Men: 9 (of 21)

Best time in course: 11:52:52

Rank in category: 9(of 21)

Best time in the category: 11:52:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hör:	43.00	5:24:36	7:32	8	1:12:01	8	1:12:01	43.00	5:24:36	7:32	22	5:24:36	22	5:24:36
Sondra	28.00	4:16:56	9:10	6	48:36	6	48:36	71.00	9:41:32	8:11	22	9:41:32	22	9:41:32
Ruhlaer Skihütte	14.00	2:44:03	11:43	15	42:46	15	42:46	85.00	12:25:35	8:46	22	12:25:35	22	12:25:35
Fröttstädt	15.00	2:43:47	10:55	13	45:00	13	45:00	100.00	15:09:22	9:05	9	3:16:30	9	3:16:30