



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Gürtler, Rolf

Club: Guths-Muths Rennsteiglaufverein
Number: 1059

Course: 161.00 km
Thüringen ULTRA - 100 Meilen

Category:
Männer M60

Total time: 24:25:49

Speed: 6.59 km/h
Running performance: 9:06 min/km

Rank in course/Total: 47 (of 89)

Rank in course/Men: 46 (of 84)

Best time in course: 16:36:15

Rank in category: 1(of 4)

Best time in the category: 24:25:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hör:	43.00	5:24:16	7:32	1	-	43	2:28:23	43.00	5:24:16	7:32	1	-	85	5:24:16
Sondra	28.00	4:50:47	10:23	2	6:23	63	1:56:55	71.00	10:15:03	8:39	5	10:15:03	82	10:15:03
Ruhlaer Skihütte	14.00	2:17:38	9:49	1	-	35	40:58	85.00	12:32:41	8:51	5	12:32:41	74	12:32:41
Brotterode/Klein:	15.00	2:20:46	9:23	1	-	48	48:42	100.00	14:53:27	8:56	5	14:53:27	72	14:53:27
Floh-Seligenthal	12.00	1:27:33	7:17	1	-	27	27:44	112.00	16:21:00	8:45	5	16:21:00	72	16:21:00
Finsterbergen	23.00	4:01:04	10:28	1	-	47	1:24:55	135.00	20:22:04	9:03	5	20:22:04	72	20:22:04
Fröttstädt	26.00	4:03:45	9:22	1	-	45	1:31:51	161.00	24:25:49	9:06	1	-	46	7:49:34