



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Häcker, Karsten

Club: 5 Ziegen

Number: 7

Course: 100.00 km

Thüringen Ultra

Category:

Männer M40

Total time: 14:31:05

Speed: 6.89 km/h

Running performance: 8:43 min/km

Rank in course/Total: 142 (of 176)

Rank in course/Men: 116 (of 140)

Best time in course: 8:21:21

Rank in category: 20(of 21)

Best time in the category: 8:21:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:06:27	7:46	19	1:03:07	110	1:03:07	23.96	3:06:27	7:46	3	23:15	121	25:53
Floh-Seligenthal	26.92	3:32:22	7:53	20	1:26:26	114	1:26:26	50.88	6:38:49	7:50	3	57:34	121	44:23
Finsterbergen	24.12	3:50:02	9:32	21	1:43:52	117	1:43:52	75.00	10:28:51	8:23	3	2:08:26	117	4:13:25
Fröttstädt	25.00	4:02:14	9:41	20	1:56:19	117	1:56:49	100.00	14:31:05	8:42	20	6:09:44	116	6:09:44