



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Thein, Henrik

Club: Waltershausen
Number: 191

Course: 100.00 km
Thüringen Ultra

Category:
Männer M50

Total time: 14:31:06

Speed: 6.89 km/h
Running performance: 8:43 min/km

Rank in course/Total: 143 (of 176)

Rank in course/Men: 117 (of 140)

Best time in course: 8:21:21

Rank in category: 19(of 24)

Best time in the category: 9:30:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:06:07	7:46	19	48:14	108	1:02:47	23.96	3:06:07	7:46	6	38:38	122	25:33
Floh-Seligenthal	26.92	3:32:42	7:54	19	1:04:43	115	1:26:46	50.88	6:38:49	7:50	6	1:07:05	121	44:23
Finsterbergen	24.12	3:58:25	9:53	20	1:40:10	125	1:52:15	75.00	10:37:14	8:29	6	2:06:00	118	4:21:48
Fröttstädt	25.00	3:53:52	9:21	20	1:27:31	110	1:48:27	100.00	14:31:06	8:42	19	5:00:38	117	6:09:45