



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Meininger, Ulrich

Club: M&H Rennsteigteam  
Number: 1012

Course: 161.00 km  
Thüringen ULTRA - 100 Meilen

Category:  
Männer M50

Total time: 22:48:33

Speed: 7.06 km/h  
Running performance: 8:30 min/km

Rank in course/Total: 31 (of 89)

Rank in course/Men: 30 (of 84)

Best time in course: 16:36:15

Rank in category: 9(of 23)

Best time in the category: 18:27:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hör:	43.00	5:12:31	7:16	7	50:52	29	2:16:38	43.00	5:12:31	7:16	24	5:12:31	85	5:12:31
Sondra	28.00	4:01:31	8:37	11	49:27	36	1:07:39	71.00	9:14:02	7:48	24	9:14:02	82	9:14:02
Ruhlaer Skihütte	14.00	2:11:08	9:21	8	18:39	28	34:28	85.00	11:25:10	8:03	24	11:25:10	74	11:25:10
Brotterode/Klein:	15.00	2:14:32	8:58	11	29:13	38	42:28	100.00	13:39:42	8:11	23	13:39:42	72	13:39:42
Floh-Seligenthal	12.00	1:29:20	7:26	10	21:25	32	29:31	112.00	15:09:02	8:06	23	15:09:02	72	15:09:02
Finsterbergen	23.00	3:48:06	9:55	13	45:45	36	1:11:57	135.00	18:57:08	8:25	23	18:57:08	72	18:57:08
Fröttstädt	26.00	3:51:25	8:54	13	54:40	33	1:19:31	161.00	22:48:33	8:30	9	4:20:57	30	6:12:18