



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Knop, Andreas

Club: LG DUV
Number: 1009

Course: 161.00 km
Thüringen ULTRA - 100 Meilen

Category:
Männer M50

Total time: 24:49:11

Speed: 6.49 km/h
Running performance: 9:15 min/km

Rank in course/Total: 54 (of 89)

Rank in course/Men: 52 (of 84)

Best time in course: 16:36:15

Rank in category: 16(of 23)

Best time in the category: 18:27:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hör:	43.00	6:14:02	8:41	21	1:52:23	75	3:18:09	43.00	6:14:02	8:41	24	6:14:02	85	6:14:02
Sondra	28.00	4:23:43	9:25	16	1:11:39	50	1:29:51	71.00	10:37:45	8:58	24	10:37:45	82	10:37:45
Ruhlaer Skihütte	14.00	2:28:58	10:38	16	36:29	53	52:18	85.00	13:06:43	9:15	24	13:06:43	74	13:06:43
Brotterode/Klein:	15.00	2:12:43	8:50	10	27:24	35	40:39	100.00	15:19:26	9:11	23	15:19:26	72	15:19:26
Floh-Seligenthal	12.00	1:41:30	8:27	18	33:35	60	41:41	112.00	17:00:56	9:06	23	17:00:56	72	17:00:56
Finsterbergen	23.00	3:48:21	9:55	14	46:00	37	1:12:12	135.00	20:49:17	9:15	23	20:49:17	72	20:49:17
Fröttstädt	26.00	3:59:54	9:13	14	1:03:09	37	1:28:00	161.00	24:49:11	9:14	16	6:21:35	52	8:12:56