



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Schelhorn, Claudia

Club: Berlin
Number: 1010

Course: 161.00 km
Thüringen ULTRA - 100 Meilen

Category:
Frauen W40

Total time: 24:49:11

Speed: 6.49 km/h
Running performance: 9:15 min/km

Rank in course/Total: 53 (of 89)

Rank in course/Women: 2 (of 5)

Best time in course: 21:36:31

Rank in category: 1(of 2)

Best time in the category: 24:49:11

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Berggasthof Hörn	43.00	6:14:01	8:41	2	56:08	4	1:28:20	43.00	6:14:01	8:41	3	6:14:01	6	6:14:01
Sondra	28.00	4:23:43	9:25	2	17:35	3	48:32	71.00	10:37:44	8:58	3	10:37:44	6	10:37:44
Ruhlaer Skihütte	14.00	2:28:59	10:38	1	-	3	31:54	85.00	13:06:43	9:15	3	13:06:43	6	13:06:43
Brotterode/Klein	15.00	2:12:42	8:50	1	-	2	4:22	100.00	15:19:25	9:11	3	15:19:25	6	15:19:25
Floh-Seligenthal	12.00	1:41:31	8:27	2	7:54	5	12:11	112.00	17:00:56	9:06	3	17:00:56	6	17:00:56
Finsterbergen	23.00	3:48:20	9:55	1	-	2	15:21	135.00	20:49:16	9:15	3	20:49:16	6	20:49:16
Fröttstädt	26.00	3:59:55	9:13	1	-	1	-	161.00	24:49:11	9:14	1	-	2	3:12:40