



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Dorst, Andreas

Club: total team justitia frankfurt oder  
Number: 35

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M50

Total time: 14:59:56

Speed: 6.67 km/h  
Running performance: 9:00 min/km

Rank in course/Total: 148 (of 176)

Rank in course/Men: 120 (of 140)

Best time in course: 8:21:21

Rank in category: 20(of 24)

Best time in the category: 9:30:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:25:02	8:33	23	1:07:09	134	1:21:42	23.96	3:25:02	8:33	5	57:33	125	44:28
Floh-Seligenthal	26.92	3:51:43	8:36	20	1:23:44	131	1:45:47	50.88	7:16:45	8:35	5	1:45:01	125	1:22:19
Finsterbergen	24.12	3:56:57	9:49	19	1:38:42	123	1:50:47	75.00	11:13:42	8:58	5	2:42:28	121	4:58:16
Fröttstädt	25.00	3:46:14	9:02	19	1:19:53	106	1:40:49	100.00	14:59:56	8:59	20	5:29:28	120	6:38:35