



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

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Club: Lauftreff BALI  
Number: 143

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M50

Total time: 15:46:08

Speed: 6.34 km/h  
Running performance: 9:28 min/km

Rank in course/Total: 158 (of 176)

Rank in course/Men: 128 (of 140)

Best time in course: 8:21:21

Rank in category: 21(of 24)

Best time in the category: 9:30:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	3:08:02	7:50	20	50:09	116	1:04:42	23.96	3:08:02	7:50	4	40:33	133	27:28
Floh-Seligenthal	26.92	3:54:53	8:43	21	1:26:54	134	1:48:57	50.88	7:02:55	8:18	4	1:31:11	133	1:08:29
Finsterbergen	24.12	4:20:36	10:48	22	2:02:21	134	2:14:26	75.00	11:23:31	9:06	4	2:52:17	129	5:08:05
Fröttstädt	25.00	4:22:37	10:30	21	1:56:16	127	2:17:12	100.00	15:46:08	9:27	21	6:15:40	128	7:24:47