



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Braun, Andreas

Club: Berlin
Number: 1092

Course: 161.00 km
Thüringen ULTRA - 100 Meilen

Category:
Männer M60

Total time: 26:57:43

Speed: 5.97 km/h
Running performance: 10:03 min/km

Rank in course/Total: 70 (of 89)

Rank in course/Men: 67 (of 84)

Best time in course: 16:36:15

Rank in category: 3(of 4)

Best time in the category: 24:25:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hör:	43.00	6:23:35	8:55	4	59:19	80	3:27:42	43.00	6:23:35	8:55	5	59:19	85	6:23:35
Sondra	28.00	4:44:24	10:09	1	-	62	1:50:32	71.00	11:07:59	9:24	5	11:07:59	82	11:07:59
Ruhlaer Skihütte	14.00	2:33:21	10:57	2	15:43	59	56:41	85.00	13:41:20	9:39	5	13:41:20	74	13:41:20
Brotterode/Klein:	15.00	2:25:26	9:41	2	4:40	56	53:22	100.00	16:06:46	9:40	5	16:06:46	72	16:06:46
Floh-Seligenthal	12.00	1:36:46	8:03	2	9:13	50	36:57	112.00	17:43:32	9:29	5	17:43:32	72	17:43:32
Finsterbergen	23.00	4:11:41	10:56	2	10:37	55	1:35:32	135.00	21:55:13	9:44	5	21:55:13	72	21:55:13
Fröttstädt	26.00	5:02:30	11:38	4	58:45	71	2:30:36	161.00	26:57:43	10:02	3	2:31:54	67	10:21:28