



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Bruhn, Günther

Club: Laumersheim
Number: 1055

Course: 100.00 km
Thüringen ULTRA - 100 km Extra

Category:
Männer

Total time: 17:22:16

Speed: 5.76 km/h
Running performance: 10:25 min/km

Rank in course/Total: 19 (of 21)

Rank in course/Men: 19 (of 21)

Best time in course: 11:52:52

Rank in category: 19(of 21)

Best time in the category: 11:52:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hör:	43.00	6:26:07	8:58	18	2:13:32	18	2:13:32	43.00	6:26:07	8:58	22	6:26:07	22	6:26:07
Sondra	28.00	5:16:23	11:17	19	1:48:03	19	1:48:03	71.00	11:42:30	9:53	22	11:42:30	22	11:42:30
Ruhlaer Skihütte	14.00	2:45:53	11:50	16	44:36	16	44:36	85.00	14:28:23	10:12	22	14:28:23	22	14:28:23
Fröttstädt	15.00	2:53:53	11:35	16	55:06	16	55:06	100.00	17:22:16	10:25	19	5:29:24	19	5:29:24