



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Bracht, Gerhard

Club: EK Schwaikheim
Number: 1056

Course: 161.00 km
Thüringen ULTRA - 100 Meilen

Category:
Männer M60

Total time: 26:48:18

Speed: 6.01 km/h
Running performance: 9:59 min/km

Rank in course/Total: 69 (of 89)

Rank in course/Men: 66 (of 84)

Best time in course: 16:36:15

Rank in category: 2(of 4)

Best time in the category: 24:25:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hör:	43.00	6:21:19	8:52	3	57:03	79	3:25:26	43.00	6:21:19	8:52	5	57:03	85	6:21:19
Sondra	28.00	4:58:56	10:40	4	14:32	70	2:05:04	71.00	11:20:15	9:34	5	11:20:15	82	11:20:15
Ruhlaer Skihütte	14.00	2:35:09	11:04	4	17:31	65	58:29	85.00	13:55:24	9:49	5	13:55:24	74	13:55:24
Brotterode/Kleins:	15.00	2:32:59	10:11	3	12:13	67	1:00:55	100.00	16:28:23	9:53	5	16:28:23	72	16:28:23
Floh-Seligenthal	12.00	1:40:11	8:20	3	12:38	56	40:22	112.00	18:08:34	9:43	5	18:08:34	72	18:08:34
Finsterbergen	23.00	4:19:38	11:17	3	18:34	65	1:43:29	135.00	22:28:12	9:59	5	22:28:12	72	22:28:12
Fröttstädt	26.00	4:20:06	10:00	2	16:21	59	1:48:12	161.00	26:48:18	9:59	2	2:22:29	66	10:12:03