



5. Thüringen ULTRA

Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Röthlingshöfer, Willfried

Club: TSV Ipsheim

Number: 1037

Course: 100.00 km

Thüringen ULTRA - 100 km Extra

Category:

Männer

Total time: 15:11:31

Speed: 6.58 km/h

Running performance: 9:07 min/km

Rank in course/Total: 10 (of 21)

Rank in course/Men: 10 (of 21)

Best time in course: 11:52:52

Rank in category: 10(of 21)

Best time in the category: 11:52:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Berggasthof Hörn	43.00	5:13:51	7:17	4	1:01:16	4	1:01:16	43.00	5:13:51	7:17	22	5:13:51	22	5:13:51
Sondra	28.00	4:27:10	9:32	10	58:50	10	58:50	71.00	9:41:01	8:11	22	9:41:01	22	9:41:01
Ruhlaer Skihütte	14.00	2:27:09	10:30	8	25:52	8	25:52	85.00	12:08:10	8:33	22	12:08:10	22	12:08:10
Fröttstädt	15.00	3:03:21	12:13	18	1:04:34	18	1:04:34	100.00	15:11:31	9:06	10	3:18:39	10	3:18:39