



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Musial, Elke

Club: LG Taucha/Leipzig  
Number: 111

Course: 100.00 km  
Thüringen Ultra

Category:  
Frauen W40

Total time: 9:26:20

Speed: 10.59 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 7 (of 176)

Rank in course/Women: 1 (of 36)

Best time in course: 9:26:20

Rank in category: 1(of 12)

Best time in the category: 9:26:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ruhlaer Skihütte	23.96	2:21:29	5:54	1	-	2	0:23	23.96	2:21:29	5:54	1	-	28
Floh-Seligenthal	26.92	2:27:03	5:27	1	-	1	-	50.88	4:48:32	5:40	1	-	28
Finsterbergen	24.12	2:16:55	5:40	1	-	1	-	75.00	7:05:27	5:40	1	-	27
Fröttstädt	25.00	2:20:53	5:38	1	-	1	-	100.00	9:26:20	5:39	1	-	1