



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Wiedig, Michael

Club: Aschersleben
Number: 175

Course: 100.00 km
Thüringen Ultra

Category:
Männer M30

Total time: 10:09:52

Speed: 9.84 km/h
Running performance: 6:06 min/km

Rank in course/Total: 15 (of 176)

Rank in course/Men: 14 (of 140)

Best time in course: 8:21:21

Rank in category: 3(of 8)

Best time in the category: 9:39:26

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Ruhlaer Skihütte | 23.96 | 2:21:42 | 5:54 | 4 | 4:25 | 18 | 18:22 | 23.96 | 2:21:42 | 5:54 | 4 | 3:59 | 18 | | |
| Floh-Seligenthal | 26.92 | 2:32:32 | 5:39 | 3 | 7:52 | 16 | 26:36 | 50.88 | 4:54:14 | 5:46 | 4 | | 18 | | |
| Finsterbergen | 24.12 | 2:39:28 | 6:36 | 3 | 15:42 | 20 | 33:18 | 75.00 | 7:33:42 | 6:02 | 3 | 26:53 | 14 | 1:18:16 | |
| Fröttstädt | 25.00 | 2:36:10 | 6:14 | 2 | 3:33 | 16 | 30:45 | 100.00 | 10:09:52 | 6:05 | 3 | 30:26 | 14 | 1:48:31 | |