



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

Wiedig, Michael

Club: Aschersleben
Number: 175

Course: 100.00 km
Thüringen Ultra

Category:
Männer M30

Total time: 10:09:52

Speed: 9.84 km/h
Running performance: 6:06 min/km

Rank in course/Total: 15 (of 176)

Rank in course/Men: 14 (of 140)

Best time in course: 8:21:21

Rank in category: 3(of 8)

Best time in the category: 9:39:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ruhlaer Skihütte	23.96	2:21:42	5:54	4	4:25	18	18:22	23.96	2:21:42	5:54	4	3:59	18		
Floh-Seligenthal	26.92	2:32:32	5:39	3	7:52	16	26:36	50.88	4:54:14	5:46	4		18		
Finsterbergen	24.12	2:39:28	6:36	3	15:42	20	33:18	75.00	7:33:42	6:02	3	26:53	14	1:18:16	
Fröttstädt	25.00	2:36:10	6:14	2	3:33	16	30:45	100.00	10:09:52	6:05	3	30:26	14	1:48:31	