



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

Detailed evaluation

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Club: Sparkasse Vogtland  
Number: 120

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M40

Total time: 10:12:48

Speed: 9.79 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 16 (of 176)

Rank in course/Men: 15 (of 140)

Best time in course: 8:21:21

Rank in category: 7(of 21)

Best time in the category: 8:21:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	23.96	2:14:59	5:38	6	11:39	8	11:39	23.96	2:14:59	5:38	16		19	
Floh-Seligenthal	26.92	2:32:55	5:40	8	26:59	17	26:59	50.88	4:47:54	5:39	16		19	
Finsterbergen	24.12	2:39:49	6:37	9	33:39	23	33:39	75.00	7:27:43	5:58	16		15	1:12:17
Fröttstädt	25.00	2:45:05	6:36	10	39:10	30	39:40	100.00	10:12:48	6:07	7	1:51:27	15	1:51:27